



### Nutrition Facts

2.5 servings per container

Serving size 1 cup (225g)

Per container 1160

Per serving 460

% Daily Value\*

Total Fat 24g 31%

Saturated Fat 15g 75%

Trans Fat 0.5g

Cholesterol 70mg 23%

Sodium 660mg 29%

Total Carbohydrate 46g 17%

Dietary Fiber 7g 25%

Total Sugars 4g

Incl. Added Sugars 0g 0%

Protein 22g

Vitamin D 1mcg 6%

Calcium 496mg 40%

Iron 2mg 10%

Potassium 412mg 8%

% Daily Value\*

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cooked whole wheat penne rigate (whole grain durum wheat flour, water), milk (vitamin D3 added),

Flagship cheese (pasteurized milk, salt, culture, enzymes),

Just Jack cheese (pasteurized milk, salt, culture, enzymes),

water, rice starch, butter (cream, salt), chipotle puree (chipotle

peppers, water, tomato paste, sugar, contains 2% or less

sunflower seed oil, onion, cornstarch, vinegar, salt, paprika,

garlic, spices), salt, rice flour, chili powder (chili pepper

and other spices, salt, garlic powder), dehydrated garlic.

CONTAINS: Wheat, milk.

Prepared for Beecher's Handmade Cheese

Seattle, WA 98101 - New York, NY 10003

Made in the USA

HANDMADE CHEESE

BEECHER'S

Our packaging is 100% recyclable and earth friendly.

For more information please visit [www.beecherscheese.com](http://www.beecherscheese.com) or email [customerlove@beecherscheese.com](mailto:customerlove@beecherscheese.com).



Beecher's Handmade Cheese makes foods only with ingredients we trust, are proud of, and eat ourselves. It's just authentic and original food, full of flavor.



Join us at [beechersfoundation.org](http://beechersfoundation.org). In keeping with our commitment to pure food, Beecher's Foundation, all sales to The Beecher's Foundation, which is on a mission to radically improve our food landscape. Through direct programming, the foundation educates and inspires people to eat real food and vote with every food dollar. Since the nonprofit 501(c)(3) was formed in 2004, more than 150,000 youth, teens, and adults have experienced the foundation's unique food education workshops in New York City and the Puget Sound region. Over one-third report having made material changes in their diet as a result.



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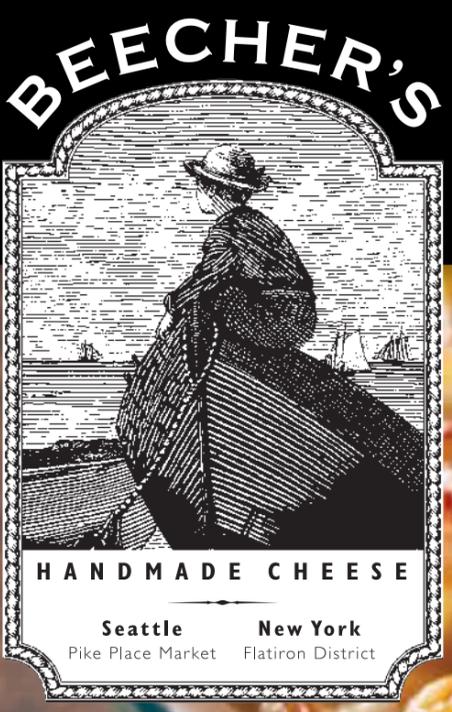


IT'S THE CHEESE Located in Seattle's Pike Place Market and New York City's Flatiron District, visitors to our glass-walled cheesemaking kitchens witness firsthand the centuries-old craftsmanship that goes into every batch of our award-winning cheeses.



# WHOLE WHEAT MAC & CHEESE

A mouthwatering mac that pairs creamy Flagship cheese with flavorful and fiber-rich whole wheat penne.



Authentic • Original

VEGETARIAN SERVES 2 - 4

NET WT. 20 oz. (1 lb. 4 oz.) 567 g

COOK THOROUGHLY KEEP FROZEN

FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS \* CONVENTIONAL OVEN: Remove film. Preheat oven to 375°F. Place pan on baking sheet and bake for approximately 30 to 40 minutes or until sauce starts to bubble. If top browns too quickly, cover with foil until finished cooking. Remove from oven; contents will be very hot. Let set for up to 5 minutes before serving. MICROWAVE: Remove film. Place pan in microwave on a microwave-safe plate. Microwave for 6 minutes. Stir gently. Microwave for an additional 3 to 4 minutes. Let set for 3 to 5 minutes before serving. \*Ovens vary; cook to an internal temperature of 165°F as measured with a food thermometer. Keep frozen until ready to bake.

At Beecher's Handmade Cheese, we care deeply about the health, well-being and culinary delight of our customers. We have a passion for — and a commitment to — a philosophy of wholesome nutrition. Try any one of our award-winning products and experience that passion firsthand. [www.beecherscheese.com](http://www.beecherscheese.com)



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